

July 2025



The High Street Dental Practice NEWSLETTER



We hope you
enjoy reading our
newsletter.

happy
SUMMER!

When did your child last have their check-up?

During the school year, it can be difficult to schedule your child's checkup amid a full school calendar and extracurricular activities. Fortunately, summer typically comes with a more relaxed schedule for the kids, it's the perfect time to come and see us!

In the UK, a significant number of young children experience tooth decay, with over a fifth of 5-year-olds having visible decay, affecting an average of 3-4 teeth. However, this is largely preventable.

Despite the high prevalence, tooth decay is largely preventable. Good oral hygiene practices, including twice-daily brushing with fluoride toothpaste and limiting sugary drinks and snacks, are crucial for preventing decay.

Routine checkups can help identify potential problems and establish good oral hygiene habits.

Team News



Kate spent her birthday at work with us! To make it special we ensured she wore her crown ALL DAY and we had a Sushi Birthday feast for lunch.



Add us on WhatsApp!

We now have WhatsApp to make it easier for you to contact us –

Our WhatsApp number is:

07442 915797



Caution
Construction
work in progress

We are upgrading our reception area from Monday 21st July.

We are not expecting this to affect any clinical work, however there will be noise disruption and we will be using a make-shift Reception area, this may result in problems with the telephone lines so please bear with us at this time.

We do sincerely apologise for the mess and any inconvenience it may cause.

We will do everything we can to minimize the disruption.

Thank you for your patience and understanding!

Thank You...

Well done Maggie on completing her 31 Miles in May!

Some of the team joined Maggie to support her in her last mile.



Maggie wanted to Thank everyone that helped her raise an amazing £573.00 + £130.00 Gift Aid for the Bowelbabe Fund for Cancer Research UK.

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Congratulations Jas and Cilla on their Retirement!

It is with a heavy heart and a tear in our eye that we say Goodbye to Jas and Cilla but as always, we celebrated their retirement in style with a lovely Garden Party.

Jas finally won the MAD (Making a Difference Award) and Cilla was presented her own MAD (Mollifying Ancient Dentists) award.

Jas has been our Principal Dentist for 26 years and Cilla has been his right-hand woman for 10!



Jas's Daughter Imogen made Jas the most beautiful cake!

There were lots of laughs, a few sobs but mainly lots of fond memories shared.

We wish Jas and Cilla the very best and can't thank them enough for all their support and friendship over the years.

We will miss them both very much!



WORD OF THE MONTH

